



# GOVT. V.Y.T PG AUTONOMOUS COLLEGE, DURG, (C.G.)

(ERSTWHILE :- GOVT. ARTS & SCIENCE COLLEGE, DURG,)



## INDIAN YOUTH RED CROSS SOCIETY



**PROGRAM OFFICER :- DR. TARLOCHAN KAUR SANDHU**

## YOUTH RED CROSS ACTIVITIES 2020-21

S.N.	NAME OF THE ACTIVITY	ORGANISING UNIT/ AGENCY/ COLLABORATING AGENCY	YEAR OF THE ACTIVITY	NUMBER OF STUDENTS PARTICIPATED IN SUCH ACTIVITIES
1	2 Days Camp At ANJORA VILLAGE, Voters Awareness Programme And Girl Education Campaign	Youth Red Cross Society	24-1-2020 & 25-1-2020	45
2	World Red Cross Day	Youth Red Cross Society & Red Ribbon Club	08/05/2020	15
3	Activities By Youth Red Cross Volunteers During Lock Down – Covid-19 Pandemic 2020-21	Youth Red Cross Society	March 2020-21 Onwards	30
4.	Youth Red Cross Organizes Lecture On “Ancient Ayurveda”	Youth Red Cross Society	27-08-2020	20
5.	World Aids Day And National Youth Day (Online)	Youth Red Cross Society & Red Ribbon Club	12/01/2021 To 14/01/2021	30
6.	World ‘NO Tobacco Day’	Youth Red Cross Society & Red Ribbon Club	31/05/2021	10
7.	Plantation Programme in Village Risama ,Durg	Red Cross Society in Association with <i>Oxyzone</i> (NGO),Durg	20/06/2021	15
8.	T.B: Awareness and Prevention ,New India@75 AzadiKaAmritMahotasava Poster Making(online)))competition	Youth Red Cross Society & Red Ribbon Club	14/08/2021	6
9.	World AIDS Day	Youth Red Cross Society & Red Ribbon Club	01/12/2021	75
10	Stress Management Session	Youth Red Cross Society & Red Ribbon Club	15/12/2021	70

## 1. TWO DAYS CAMP AT ANJORA VILLAGE 24<sup>th</sup>& 25<sup>th</sup> JANUARY,2020

**THEME -VOTERS AWARENESS PROGRAMME AND AWARENESS PROGRAMME FOR GIRL EDUCATION**

**Objective:** To Sensitize the Voters and raise awareness among villagers regarding Girl Education

**Venue:** Village Anjora

**No. of participants:** 45

**Report:** The Youth Red Cross unit of Govt.VYT.PG. Autonomous College organized a two day camp atAnjora village on 24<sup>th</sup> and 25<sup>th</sup> January 2020. The objective behind organizing the camp was to sensitize the villagers about the importance of participation as voters and make them responsible as conscious citizens. They also campaigned for girl education by reaching out in groups to the houses of the villagers ensuring the number of children getting education.

45 volunteers participated in this camp keeping in view the motto of the YOUTH RED CROSS that is Service, Friendship and Health. The volunteers under the guidance of Dr.R.N.Singh and supervision of Prof-in-Charge Dr.Tarlochan Kaur Sandhu took part in the rally and performed Street plays based on the themes. Dr.Sunita Mishra and Dr.AnitaMeshram of Govt. College, Khurshihar, Bhilai were invited to address the volunteers on the 2<sup>nd</sup> day of the camp. Dr.R.N.Singh, Dr.Somali Gupta, Dr.Anshumala, Dr.Sanju Sinha and other professors visited the camp to motivate the volunteers.

**Outcome:** The Volunteers during survey and campaign were able to interact successfully with the villagers.Moreover they were able to generate awareness for girl education and found that most of the families were sending their girls to schools.



Professor in Charge  
Youth Red Cross



Principal



# Volunteers at Anjora Village



## 2. REPORT OF WORLD RED CROSS DAY 08/05/2020


**Objective:** To celebrate the spirit of the volunteers to provide medical help to everyone without any discrimination.

**Venue:** District Red Cross Office, Durg

**No. of participants:** 15

On 8<sup>th</sup> May 2020, the World Red Cross Day was observed by YRC volunteers as the year 2020 is to mark the centenary of Indian Red Cross Society, (constituted on 20<sup>th</sup> March 1920), the motto was "Keep clapping for volunteers." The Durg District officer of Red Cross handed over masks and soap kits for distribution in the colleges for students and faculty to follow the protocol of hand washing and physical distancing during the pandemic times.

**Outcome:** All the Youth Red Cross Volunteers are fully trained and are wholeheartedly serving the communities voluntarily and whenever called upon to do so.



Professor in Charge

Youth Red Cross



Principal



इंडियन रेडक्रॉस सोसाइटी  
शताब्दी वर्ष की बधाई



### 3. REPORT ON ACTIVITIES BY YOUTH RED CROSS VOLUNTEERS DURING LOCK DOWN – COVID-19 PANDEMIC 2020

Under the guidance and supervision of the Principal Dr. R.N.Singh and Professor-in-Charge Dr. Tarlochan Kaur Sandhu, a large number of Youth Red Cross volunteers of Government VYT PG Autonomous College, Durg, took initiative to tackle and fight Covid-19 Pandemic in Durg and Bhilai regions through various activities during the lockdown. Following are the activities listed below:

- In the initial phase of the outbreak of Corona Virus the volunteers of Youth Red Cross and Red Ribbon Club conducted awareness campaigns to sensitize the locals, making them familiar as to what Corona Virus is, as an information to the community and prepare them to control its infection by explaining the symptoms.
- The volunteers appealed the public to avoid man gathering, so that a large number of people could be saved from getting exposed to infection, wash hands regularly and taught social distancing.
- Markets, railway stations, village areas in the suburbs were targeted for distributing masks, sanitizers, edibles etc.
- The volunteers Mridula, Kiran, Bhawna and IshaSahu along with others stitched and distributed masks to the volunteers and created awareness through posters/collages and ensured to “Stay Home Stay Safe”. The volunteers also distributed water and food items to the needy on the highway.
- Volunteered by senior Red Cross Counselors and ex-students of this college SushilAsati, Dinesh Dewangan, Kirtan Patel, JaishreeKesharwani, AmanUjjavalkar, RiteshRahengdale, to name a few, AnilDewangan, KartikeyTripathi, HimanshuManikpuri, Aakash, Tukesh, Kiran, Deepanshi, Isha and many others visited public places in Durg and nearby areas mainly the markets, shops, banks, houses including the villages in the neighborhood to generate awareness by explaining the precautions and preventive measures to be taken during this pandemic.
- Awareness was also created through posters, poems, pictures which were displayed and sent to other groups.
- A few volunteers participated in an event of Photography Competition, organized (online) by The Virtual House, (A Production House at Faridabad) at all India level to

generate awareness regarding Covid-19, in which KartikeyTripathi bagged 3<sup>rd</sup> position and cash prize of Rs.1000.

- On 23<sup>rd</sup> March and 3<sup>rd</sup> April 2020 Anil Dewangan, Dipanshi, Aakash, Kartikey,RituJoshiand other volunteers participated in an **Orientation Program** for response to Covid-19.It was the first time in the history of Indian Red Cross Society to organize such sessions in the wake of the worst calamity to orient its volunteers to rise. The training program was facilitated by different departments of Ministry of Health and Family Welfare,Govt. of India, WHO and UNICEF with inputs from Indian Red Cross Society.
- The volunteers are also engaged in providing all kinds of services not only to the community but also by taking care of animals on the streets.



Professor in Charge

Youth Red Cross



Principal





Volunteers creating awareness through posters/slogans





**Generating awareness at public places – Banks, Markets& Shops**



**YRC Volunteers participated Online Conferencing/ National Meeting on COVID-19  
(23/03/2020 and 03/04/2020)**



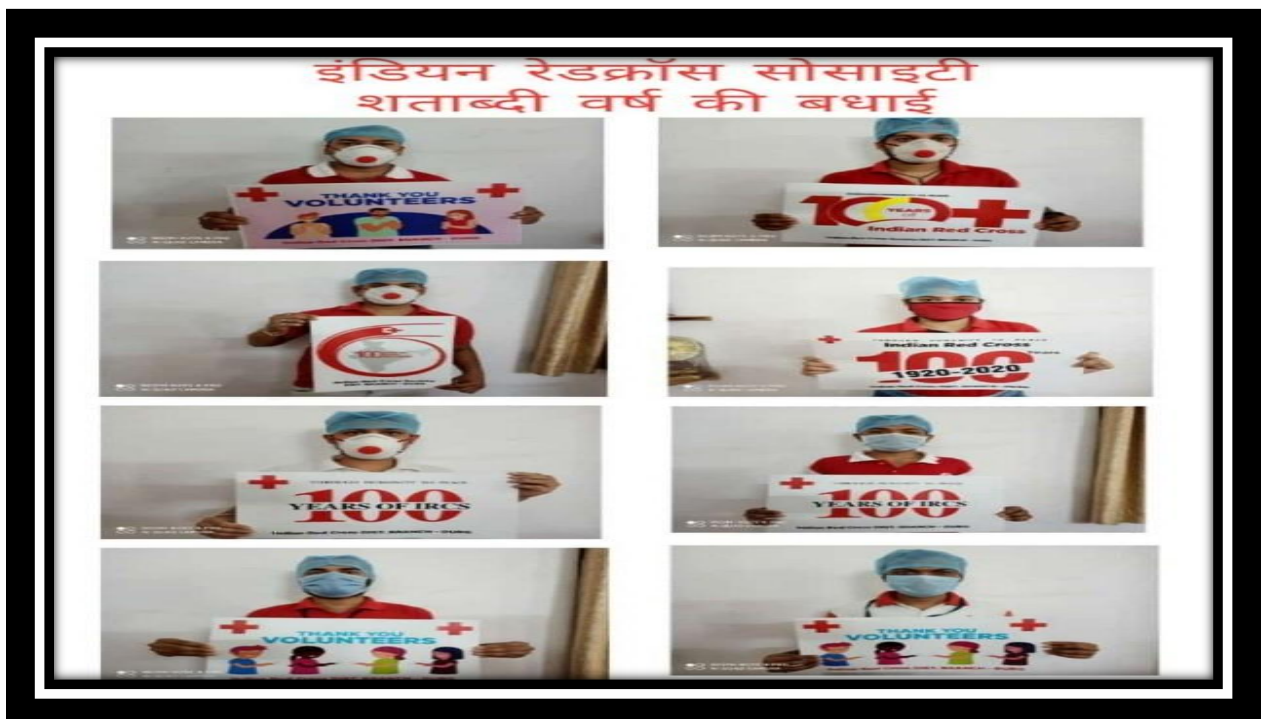
### Campaigns/Drives in the neighborhood. Distributing food items on the highway



## Feeding the cows and dogs during the lockdown



## Observing Indian RedCrossCentenary on 8<sup>th</sup> May,2020



#### 4. REPORT : YOUTH RED CROSS ORGANIZES LECTURE ON “ANCIENT AYURVEDA” ON 27<sup>th</sup> August,2020

**Objective: To get familiar with significance of Ayurveda in curing diseases.**

**Venue:IQAC**

**No. of participants: 20**

**The Youth Red Cross Society**, Government Vishwanath Yadav Tamaskar Post-Graduate Autonomous College, Durg under the supervision of the Principal of the college Dr. R.N. Singh organized a Lecture on “Ancient Ayurveda” on 27<sup>th</sup> August 2020. On the said occasion, Mr. Mohan Kumar Naikkarthe ‘Pranik Healer’ was invited as guest speaker. Principal Dr. RN Singh told how Ayurveda is today useful and beneficial in daily life. Dr. Tarlochan Kaur Sandhu, the professor in charge of Youth Red Cross, while welcoming the professors present on the occasion, gave a brief introduction of Shri Naikkarji and threw light on the importance of Ayurveda. Shri Mohan Kumar Naikkar gave information about the cure of many diseases by different types of plants. He gave information about the multi-faceted use of Sampanwood (Pathimugham) and told how by using the herb every day, we can protect ourselves from many types of diseases. In this difficult time of Covid-19 Pandemic how one can keep himself/herself safe and gain immunity by using various medicinal plants. Shri Mohan Kumar threw light on the diagnosis of various diseases using fenugreek, mustard and black pepper and told that we can protect ourselves from many diseases by using copies of Stevia plant. The programme was attended by Dr. M.A. Siddiqui, Dr. Mita Chakraborty, Dr. Anupama Asthana, Dr. Jagjit Kaur Saluja, Dr. Padmavati, Dr. S. K Chatterjee, Dr. ManjuKaushal, Dr. Alka Tiwari, Dr. Ajay Singh, Dr. NutanRathod, Dr. R.S.Singh, Dr. S. D Deshmukh, Dr. Ajay Pillai, Dr. S. R. Thakur, Dr. Raju Sinha, Dr. Abhishek Kumar Mishra, Prof. Dilip Kumar Sahu Yuvraj Janghel made special contribution to make this event successful. The program ended with vote of thanks.

**Outcome-**The faculty became familiar with various herbs and their benefits in curing certain diseases.



Professor in Charge

Youth Red Cross



Principal





●● REDMI NOTE 8  
∞ AI QUAD CAMERA



## 5. REPORT ON WORLD AIDS DAY (ONLINE) & NATIONAL YOUTH DAY (ONLINE) PROGRAMMES

12<sup>th</sup> January to 14<sup>th</sup> January, 2021

**Objective: To provide opportunity to the youth to unite and create awareness in the society to fight against HIV-AIDS.**

The Youth Red Cross Society and Red Ribbon Club jointly organized the following competitions virtually as per the directives of the Chhattisgarh State AIDS Control Organization, Raipur to observe **World AIDS Day on 1<sup>st</sup> December and National Youth Day on 12th January 2021.**

The topics for the competitions were given to the students who participated in the online competitions organized in the months of December and January.

"Role of Youth: AIDS & HIV Causes and Prevention."

or

"Yuvaonka AIDS/HIV ki Rokthamme Yogdaan"

The students participated in poster making, slogan writing and e-speech competitions which were judged and later the winners were felicitated with Certificates and Mementos by the Principal and Prof-in-Charge.

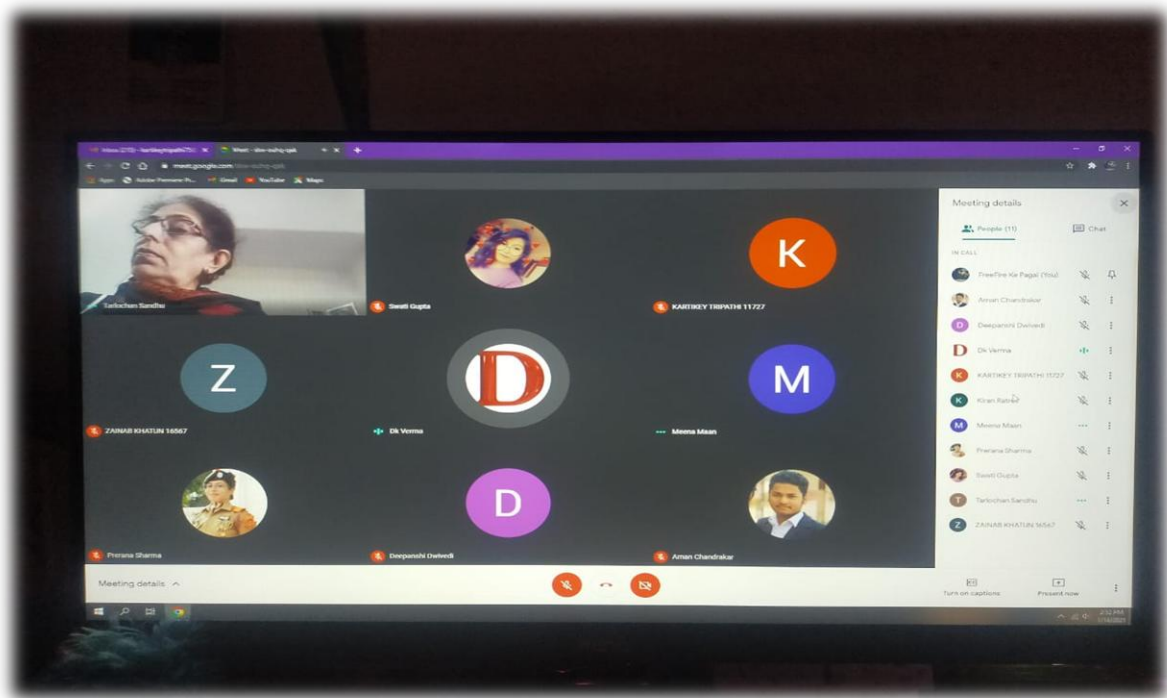


Professor in Charge

Youth Red Cross



Principal



## 6. REPORT ON 'WORLD NO TOBACCO DAY'

**Objective: To Observe World No Tobacco Day on 31<sup>st</sup> May, 2021**

**No. Of participants: 10      Mode: Online**

Every year on **31<sup>st</sup> May** The World Health Organization (WHO) and Global Partners observe **World No Tobacco Day** to raise awareness on the harmful and deadly effects of tobacco use and smoking and to discourage the use of tobacco in any form. This year the theme was ***Commit to Quit***. In this regard and as per the instructions of the Principal Dr R.N. Singh, the volunteers of the YRC observed and took pledge that he/she shall never smoke and consume any type of tobacco products and also motivate on the occasion family and friends to say No to any use or consumption of tobacco on World No Tobacco Day on 31<sup>st</sup> May 2021 virtually following the strict Government Protocols/Guidelines of Covid-19 Pandemic.



Professor in Charge

Youth Red Cross



Principal



# Oath taking on World NoTobacco Day



## 7. REPORT ON PLANTATION PROGRAM IN VILLAGE RISAMA 20<sup>th</sup> June,2021

**Objective: To generate awareness about Environmental conservation**

**Place: Risama Village- Date:20<sup>th</sup> June,2021**

The volunteers of the Youth Red Cross Society of Govt. VYT PG Autonomous College, Durg in association with *Oxyzone*, an NGO in Durg took part in plantation programme under the guidance Dr R. N. Singh, the principal of the college and supervision of DrTarlochan Kaur Sandhu at village Risama with the support of the village Sarpanch Smt. GeetaMahajan.Around 32 saplings of different variety like Neem, Mango,Almond,Gulmohar,Jamun,Jackfruit, Ashok , Anwala and other saplings were planted successfully. The volunteers took this initiative during the second wave of Covid 19 Pandemic to generate awareness about environment and protect our ecosystem among the masses. Sushil, Anil, Nilesh, Kantibhushan, SoniTondre, SrishtiChouhan, Raj Dewangan and Lucky Agrawal of YRC and Oxyzone team supported to make this event successful.



Professor in Charge

Youth Red Cross



Principal

## Plantation programme at Risama



**8. REPORT ON T.B: AWARENESS AND PREVENTION PROGRAMME,NEW INDIA@75 AZADI KA AMRIT MAHOTASAVA POSTER MAKING (ONLINE) 14/08/2021**

**Objective: To raise awareness regarding TB its symptoms and prevention.**

**No of participants: 6 Mode: Online**

Report-As per the directives of Ministry of Health welfare on the occasion of AzadikaAmrit Mahotsav@75 India and instructions from the Chhattisgarh AIDS Control Organization, Raipur an online poster making competition was organized by the YRC and RRC to raise awareness about TB , its symptoms and prevention on 14 th August 2021.The student participants made posters and were judged on-line by Dr. QamarTalat and Dr. Suchitra Gupta.

The winners were awarded certificates.

Poster making competition:

MridulaChoubey -M. Com II

Zainabkhatun-

Kiran Ratre -

Mansi Yadu -B. Sc. III

Prerana Sharma -B. A. III

Prishita -- B. A. I



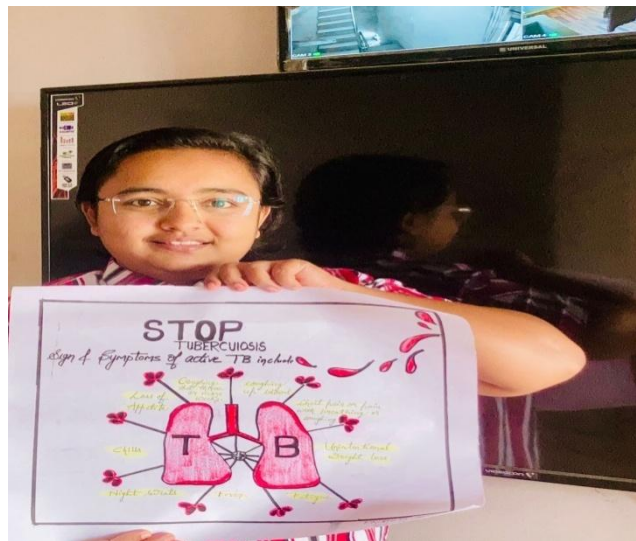
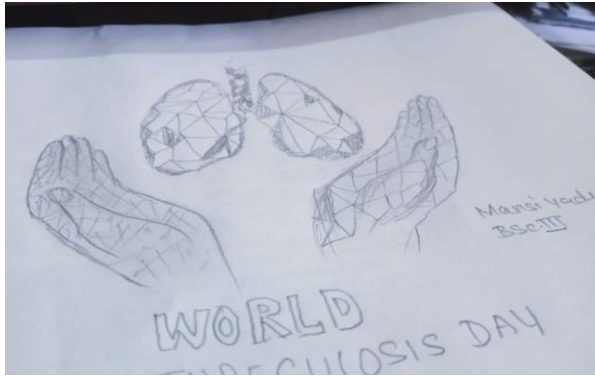
Professor in Charge

Youth Red Cross



Principal







## 9. REPORT: AWARENESS RALLY AND STREET PLAY ON WORLD AIDS DAY- 1<sup>ST</sup> DECEMBER 2021

**Objective: To generate awareness about the Spread and Prevention of HIV/AIDS**

**No of participants: 75**

The Youth Red Cross Society in association with the Ribbon Club ,NSS and department of MSW of the college organized a huge rally on **1<sup>st</sup> Dec,2021** to observe World AIDS Day. This year the theme of World AIDS Day was '**End Inequalities.End Aids**'. The aim was to generate awareness about the spread and prevention of HIV/AIDS. The volunteers of the YRC and MSW performed street play on the theme-'Role of Youth in Prevention of HIV/AIDS ' within the campus and then the rally was flagged off by the principal Dr R.N. Singh. The volunteers were mentored by the program officers of all the units viz; Dr.Tarlochan Kaur Sandhu, Dr.MeenaMaan, Dr. AnshumalaChandangar and Dr.NishaGoswami along with the senior volunteers of YRC. The volunteers also displayed slogans , banners and placards as the rally progressed out of the campus.



Professor in Charge

Youth Red Cross



Principal



# Awareness Rally on World AIDS Day



GE Rd, Deepak Nagar, Titurdiha, Chhattisgarh 491001, India

Latitude  
21.19475595°

Longitude  
81.29745483°

Local 11:31:12 AM  
GMT 06:01:12 AM

Altitude 225.54 meters  
Wednesday, 01-12-2021



vivo V20 Pro 60



GE Rd, Deepak Nagar, Titurdiha, Chhattisgarh 491001, India

Latitude  
21.19557773°

Longitude  
81.29746921°

Local 11:22:28 AM  
GMT 05:52:28 AM

Altitude 233.74 meters  
Wednesday, 01-12-2021

## 10. Report on Stress Management Session

Date:14-12-2021

Venue: Vivekananda Seminar Hall

No. of Participants: 70

Objective :To understand and learn to manage stress in life.

Report: The Youth Red Cross Society of Govt. VYT PG Autonomous College ,Durg organized a session on Stress Management on 14<sup>th</sup> December,2021 in the Vivekananda Seminar Hall .The invited guest speaker on the occasion was Dr. Prashant Agrawal, MBBS ,MD in Neuro-Psychiatry and consultant at J.L.N.Hospital,Sector-9,Bhilai.The session was presided by Dr. R.N.Singh., Principal of the college and Dr. M.A.Siddiqui was the special guest on the occasion.Dr. Prashant Agrawal addressed the causes and kinds of stress which the youth usually come across. Through his presentation he discussed the ways to avoid stress and lead a healthy life. The students interacted during the session and asked various questions related to stress management.

Outcome: The students felt relieved after the session and decided to avoid undue stress which spoils their healthy life style.



Professor in Charge

Youth Red Cross



Principal



## Dr. Prashant Agrawal addressing on Stress Management



## YOUTH RED CROSS ACTIVITIES 2019-20

S.N.	NAME OF THE ACTIVITY	ORGANISING UNIT/ AGENCY/ COLLABORATING AGENCY	YEAR OF THE ACTIVITY	NUMBER OF STUDENTS PARTICIPATED IN SUCH ACTIVITIES
1	Free Medical Health Checkup Camp (150 <sup>th</sup> anniversary of Mahatma Gandhi )	Youth Red Cross in association with Indian Medical Association,Durg	26/09/2019	109
2	Cleanliness drive campaign and cycle rally on the 150 birth anniversary of Mahatma Gandhi	Youth Red Cross Society, Red Ribbon Club	02/10/2019	15
3	HIV/AIDS awareness and Environmental Conservation Campaign at Kolihapuri village, nukkudnatak and First Aid demonstration.	Youth Red Cross Society, Red Ribbon Club	04-11-2019	18
4.	Visit to Snehsampada School -Hudco, Bhilai	Youth Red Cross Society	07/11/2019	50
5.	Campaign and Rally on World Toilet Day-in campus and off campus, and nukkadnatak	Youth Red Cross Society &Red Ribbon Club	19-11-2019	150
6.	<b>Say'NO' to use of plastic</b> -Awareness Programme	Youth Red Cross Society &Red Ribbon Club	29/11/2019	35
7.	World AIDS Day, poster making and essay writing competitions andRally	Youth Red Cross Society& Red Ribbon Club	02-12-2019	100

## 1. REPORT ON HEALTH CHECK-UP CAMP ON 26<sup>TH</sup> SEPTEMBER 2019

**Objective: To provide free medical checkup for the students of the college.**

**Number of Participants: 109**

Report: The Youth Red Cross and Red Ribbon Club along with the N.S.S. unit of the college organized a Free Health check-up camp in the College Auditorium on **26<sup>th</sup> September 2019**. The doctors Dr. Ajay Govardhan and Dr. Kaushalendra were present with their staff to provide free medical check up and if required to provide free follow- up treatment to the students, volunteers of YRC, RRC and NSS. The event was organized on the 150<sup>th</sup> birth anniversary of Mahatma Gandhi.

**Outcome: Around 109 students were the beneficiaries who availed free check-up on the day.**



Professor in Charge

Youth Red Cross



Principal



## Medical Health Check-up Camp



## 2. REPORT ON CLEANLINESS DRIVE/ CAMPAIGN AND CYCLE RAILLY ON THE 150 BIRTH ANNIVERSARY OF MAHATMA GANDHI. (02/10/2019)

**Objective:** To promote the values of cleanliness and sensitize the students about the importance of clean and green environment.

**Number of Participants: 15**

**Report:**A cleanliness drive, plantation of saplings and cycle rally was organized by the volunteers of YRC,NSS,and NCC on 2<sup>nd</sup> October 2019 to commemorate the150th birth anniversary of Mahatama Gandhi. The YRC volunteers cleaned the campus,corridors and garden area under the supervision of the Principal Dr.R.N.Singh, the volunteers also took pledge to keep the surroundings clean and green. Later, the professors also planted saplings in the campus.



Professor in Charge

Youth Red Cross



Principal







**3. REPORT ON HIV/AIDS AWARENESS AND ENVIRONMENTAL CONSERVATION CAMPAIGN AT KOLIHAPURI VILLAGE, NUKKUD NATAK AND FIRST AID DEMONSTRATION.**

**Objective:** To create awareness regarding HIV-AIDS among the villagers. To raise awareness about environment through plantation.

**Number of Participants:** 18

**Report:** The Youth Red Cross Society of the Govt.VYT.PG Autonomous College Durg organized a one day camp for the NSS volunteers in village Kolihapuri to create awareness regarding HIV and AIDS. The objective was also to demonstrate First AID medical facility to all the volunteers by YRC volunteers so as to provide aid to the needy as and when required. After the demonstration the YRC volunteers played 'nukkadnatak', the theme was 'HIV/AIDS Disease and Social Stigma'. Sapling plantation was also done subsequently by all the YRC & NSS volunteers.

**Outcome:** The villagers who were hesitant earlier to ask questions related to causes and prevention of HIV and AIDS disease were comfortable and interacted freely with the professors and volunteers.



Professor in Charge

Youth Red Cross



Principal



## Volunteers Performing NukkadNatak at Kolihapuri



#### 4. REPORT ON A VISIT TO SNEH SAMPADA ON 07<sup>TH</sup> NOVEMBER 2019

**Objective: To make the volunteers aware towards that important part of our society which is yet to find a voice for the care and upbringing.**

**Number of Participants: 50**

**Report:**On the morning of 7<sup>th</sup> November, 2019, 50 volunteers of Youth Red Cross Society of Govt. V.Y.T PG Autonomous college Durg under the mentorship of Dr. Tarlochan Kaur Sandhu ,the Professor in Charge, visited SnehSampada School located in Sector 8 Hudco-Bhilai . The objective behind the visit was to make the volunteers aware towards that important part of our society which is yet to find a voice for the care and upbringing. The differently abled and intellectually abled inmates of the school welcomed the volunteers and the Professor-in-Charge. After the welcome the inmates of the SnehSampada sang songs, prayers and danced as well along with the volunteers. The YRC volunteers talked to the Principal Mrs .Shirke and other teachers about the activities and progress of the students of the school. Dr.TarlochanKaur handed over 55 pairs of socks and handkerchiefs, 55 Registers and pens for the students to the principal of the school. The volunteers also distributed biscuits, chocolates and fruits to the students after meeting each inmate personally. Thereafter they all participated in various activities.**Outcome:** After spending the day the Red Cross volunteers were enthused and felt imbued with the sense of service and responsibility towards community.RahulKumavat, Anil Dewangan,Jaishree,Dinesh Kiran Ratre,MridulaChoubey ,KartikeyTripathi,TeminSahu,Ritu Joshi, Priyanka,Manisha,Suraj, Dipanshi,Bhawana ,Gopal ,Swati and others provided commendable support in this visit.



Professor in Charge

Youth Red Cross



Principal



## 5. REPORT ON A CAMPAIGN & RALLY ON WORLD TOILET DAY 'NUKKAD NATAK' ON 19<sup>TH</sup> NOVEMBER 2019

**Objective: Provision of toilets for every household and promote safe sanitation and hand hygiene**

**Chief Guest: Mr. ArunVora , MLA, Durg (CG.)**

**Number of Participants: 150**

Report: **World Toilet Day** was celebrated on **19<sup>th</sup> November 2019** to raise awareness amongst the masses by the volunteers of YRC, RRC and NSS of the college. The chief guest on the occasion Mr. ArunVora- MLA, Durg addressed the youth and the staff and applauded the initiatives taken by the volunteers to tackle this sanitation crisis in our surroundings especially in the villages. He flagged off the rally after seeing the 'street plays' performed by the students of the YRC and NSS. The program officers, Dr. Tarlochan Kaur Sandhu, Dr. MeenaMaan, Dr. JainendraDiwan and all the faculty members were present on the occasion. Dr. M. A. Siddiqui, the in-charge Principal appreciated the measures taken by the volunteers for this social cause.



Professor in Charge

Youth Red Cross



Principal





**6. REPORT ON “SAY NO” TO USE OF PLASTIC/ POLYTHENE BAGS  
29<sup>TH</sup> NOVEMBER 2019**

**Objective: To spread awareness to ban the use of plastic or polythene bags.**

**Number of Participants: 35**

**Report:** The volunteers of the Youth Red Cross and the Red Ribbon Club organized an awareness rally campaign to promote the use of paper and cloth bags. They beautifully gifted handmade paper bags to the eminent dignitaries like Dr.ArunaPalta ,the Vice-Chancellor of Hemchand Yadav University,Durg, Mr. ArunVora- MLA, Durg, Mr. Devendra Yadav- Mayor of Bhilai, Dr. LaxmiDhruv and other guests present on the occasion. The volunteers took part in the rally progressed through the streets exhorting the youth and the public to say ‘no’ to plastic/ polythene bags and start using cloth made or paper bags to save our environment. They distributed paper bags to women and children also during while leading the awareness campaign. The initiative was highly praised by the Principal and staff members.



Professor in Charge

Youth Red Cross



Principal





## Gifting Hand Made Paper Bags to the Dignitaries



**7. REPORT OF WORLD AIDS DAY, RALLY, POSTER MAKING AND ESSAY  
WRITING COMPETITIONS  
02<sup>ND</sup> DECEMBER 2019**

**Objective: To generate awareness about the Spread And Prevention of HIV/AIDS**

**Number of Participants:100**

Report: On 1<sup>st</sup> December 2019, World AIDS Day, under the leadership and guidance of the principal Dr. M. A. Siddiqui, Govt VYT PG Autonomous College, Durg, Youth Red Cross Society and Red Ribbon Club organised a rally on the awareness against AIDS under the mentorship of Red Ribbon Club in charge Dr. Tarlochan Kaur. The rally was started after tying ribbons to Dr. M.A. Siddiqui, Dr. Anil Kashyap, Dr. S.R.Thakur by the volunteers of Youth Red Cross Society and Red Ribbon Club. The rally was flagged off by Dr. S.N.JHA which started from the campus of the college and progressed through Malviya Nagar to the main roads of Durg city forming a human chain. Later, the rally halted at the Science College campus Durg. Dinesh Dewanagan, Kartikay, Shekhar, Kuldeep, Jainab, Ishu, Rahul Kumawat, Anil Dewangan, Kiran, Ritu Joshi, Swati Gupta, Deepanshi, Mridula Chaubey and other volunteers contributed to make the rally event successful.



Professor in Charge

Youth Red Cross



Principal





## YOUTH RED CROSS ACTIVITIES 2018-19

<b>S.N.</b>	<b>NAME OF THE ACTIVITY</b>	<b>ORGANISING UNIT/ AGENCY/ COLLABORATING AGENCY</b>	<b>YEAR OF THE ACTIVITY</b>	<b>NUMBER OF STUDENTS PARTICIPATED IN SUCH ACTIVITIES</b>
1.	Cleanliness Drive at Karanja Village, Durg	Youth Red Cross Society	11/07/2018	100
2.	WORLD AIDS DAY	Youth Red Cross Society and Red Ribbon Club	01/12/2018	70

**1. REPORT ON CLEANLINESS DRIVE AT KARANJA BHILAI**  
**11<sup>th</sup> July,2018**

**Objective:**To promote the value of cleanliness, discipline and respect for the environment.

**Number of Participants:** 100

**Report:**The Youth Red Cross of college under the able guidance of Dr.S.K.Rajput and supervision of IQAC organized a Cleanliness Drive (Swachha Bharat Abhiyan) at Karanja Village on 11<sup>th</sup> July 2018.The professor in charge of YRC Dr. Tarlochan Kaur Sandhu and volunteers took part in the cleanliness campaign by rallying in the streets, reaching door to door enquiring about toilets and water for proper sanitation. The teachers and the students with great zeal and enthusiasm swept the village areas also.

**Outcome:** The drive definitely instilled love and respect for environment in the students as they promised to carry on more such campaigns in other villages also under the aegis of Clean India and Green India.



Professor in Charge

Youth Red Cross



Principal



## Creating Awareness at Karanja Village Bhilai



## 2. REPORT ON WORLD AIDS DAY 01/12/2018

**Objective: To Generate Awareness about the Causes, Spread and Prevention of HIV/AIDS**

**Number of Participants: 55**

**Report: On 1<sup>st</sup> December 2018, World AIDS Day**, under the leadership and guidance of the principal Dr. M. A. Siddiqui, Govt VYT PG Autonomous College, Durg, Youth Red Cross Society in association with NSSorganised a rally to raise awareness about HIV-AIDS under the mentorship of YRC Prof-in-Charge Dr. Tarlochan Kaur Sandhu. The rally was flagged off by Dr. M.A. Siddiqui which started from the campus of the college and progressed through Malviya Nagar to the main roads of Durg city forming a human chain finally before the rally halted at Science College campus. The students carried banners and posters and raised slogans to generate awareness among the masses about AIDS ,its causes and its prevention. Dr. O.P. Gupta, Dr. I.S. Chandrakar. Dr. MeenaMaan and other professors were present on the occasion. Dinesh Dewangan, Kartikay, Shekhar, Kuldeep, Jainab, Ishu, Rahul Kumawat, Anil Dewangan, Kiran. Senior Volunteers Ritu Joshi, Swati Gupta, Deepanshi, MridulaChaubey and other volunteers contributed to make the rally successful.



Professor in Charge

Youth Red Cross



Principal



# Awareness Rally on World AIDS Day





## YOUTH RED CROSS ACTIVITIES 2017-18

<b>S.N.</b>	<b>NAME OF THE ACTIVITY</b>	<b>ORGANISING UNIT/ AGENCY/ COLLABORATING AGENCY</b>	<b>YEAR OF THE ACTIVITY</b>	<b>NUMBER OF STUDENTS PARTICIPATED IN SUCH ACTIVITIES</b>
1.	Blood Donation Camp	RED CROSS SOCIETY, Govt. VYT PG Autonomous College, Durg	14/11/2017	50
2.	WORLD AIDS DAY	YOUTH RED CROSS SOCIETY & RED RIBBON CLUB Govt. VYT PG Autonomous College. Durg	01/12/2017	80
3.	State level Workshop on Health Awareness for Boys	RED CROSS SOCIETY, Govt. VYT PG Autonomous College. Durg	21/2/2018	219

## 1. REPORT ON BLOOD DONATION CAMP

**Objective: To sensitize the need of donating blood to the needy in time and motivate to help others and to instill the feeling of value of blood donation in the volunteers.**

**Number of Participants: 50**

**Report: On 14<sup>th</sup> November 2017**, a blood donation camp was organised in the college campus in collaboration with HDFC Bank, Power Grid Corporation, Durg, Youth Red Cross and NSS, under the aegis of principal, Govt. VYT PG Autonomous College, Durg, Dr S.K. Rajput, and mentorship of Dr. Anil Pandey, Dr. Tarlochan Kaur, Dr. Meena Mann, Amit Thakur, Branch manager, HDFC Bank Durg, Sunil Borkar, Sandhya Pillai, Branch Manager of HDFC Bank , Bhilai, KotesHBabu and others. Also, Neeraj Singh of power grid corporation Durg and others contributed in this blood donation camp .The office bearers and volunteers of Youth Red Cross Society contributed their best make the programme a huge success .Under the guidance of medical staff of Govt. Hospital Durg. 55 students and people registered their names and 40 blood units were collected. Blood donors were given milk, tea and fruits after the blood donation. Volunteers of Youth Red Cross Society were also felicitated with the Certificates for rendering their services.

**Outcome: 55 students and people registered their names and 40 blood units were collected.**



Professor in Charge

Youth Red Cross



Principal





## 2. REPORT ON WORLD AIDS DAY 01/12/2017

**Objective: To Generate Awareness about the Spread and Prevention of HIV/AIDS**

**Number of Participants: 80**

**Report: On 1<sup>st</sup> December 2017, World AIDS Day,** under the leadership and guidance of the principal Dr. S.K. Rajput, Govt. VYT PG Autonomous College, Durg, Youth Red Cross Society, Red Ribbon Club and the Integrity Club organized a rally generating awareness against AIDS under the mentorship Dr. Tarlochan Kaur Sandhu, Dr. Meena Maan and Dr. Sapna Sharma. The rally was flagged off by the professors in charge of the three wings. It started from the campus of the college and continued through the highway to the main roads of Durg city and finally ended after forming human chain in the college. To bring awareness among the people, the volunteers exhorted the youth and the masses by displaying posters, banners and slogans related to HIV-AIDS. Senior volunteers Sushil Asati, Dinesh Dewangan addressed the volunteers after reaching the campus. The volunteers Shekhar Dewangan, Anil Dewangan, Ganesh Khare, Ritesh Rahangdale, Jaishree, Kartikey, Nisha, Yashwani, Mukta, Pinki, Ritu, Anjali, Vijay Kumar Baghel, Nomita Sahu and other Volunteers participated in the rally.



Professor in Charge

Youth Red Cross



Principal



Awareness Rally on World AIDS Day



### 3. REPORT ON A STATE LEVEL WORKSHOP ON HEALTH AWARENESS FOR BOYS

21<sup>st</sup> February, 2018

**Objective:** To generate awareness and understanding of mental and overall care for wellness.

**Number of Participants: 219**

**Report:** A State Level Workshop on **Health Awareness for Boys** was organized on 21<sup>st</sup> February, 2018 in the Tagore Seminar Hall of Govt. VYT PG Autonomous College, Durg, sponsored by the IQAC. The three wings of the college viz. Youth Red Cross, NSS and NCC organized this Workshop under the patronage of the principal, Dr. S.K Rajput. The invited speakers on the occasion were Dr. Munish Bhagat, the General Physician, Lal Bahadur Shastri Civil Hospital, Bhilai and Dr. Shama Hamdani, Psychologist, Bhilai Nursing Home, Bhilai. In the first session, Dr. Munish Bhagat spoke on "No Tobacco" and elaborately explained the ill effects of tobacco and smoking and made the students aware of harmful carcinogenic chemicals found in cigarettes such as DDT, HCHO, Nitrosamines etc. which cause various types of cancers. The second session was addressed by Dr. Shama Hamdani on "How to recognize mental illness?" She explained depression, insomnia and other psychic disorders affecting the present generation causing negative stress on their minds due to excessive use of mobile phones. She motivated the students to be aware of such hazards. Both the sessions were very interactive and all the students participated in various games and activities and won prizes from the hands of guests. Around 200 students (including girls) participated in this workshop. The workshop was convened by Dr. Anil Pandey and organized by Dr. Tarlochan Kaur Sandhu, Dr. Meena Maan and Dr. Sapna Sharma. Professors and students from Rajnandgaon, Bemertara, Kawardha districts and nearby colleges of Durg and Bhilai participated in the workshop.

**Outcome:** The students became aware of certain causes and prevention of drugs and use of tobacco in their day to day life. They also became aware of ill effects of excessive use of mobiles.



Professor in Charge

Youth Red Cross



Principal



# Workshop on Health Awareness for Boys



## YOUTH RED CROSS ACTIVITIES : 2016-17

S.N.	NAME OF THE ACTIVITY	ORGANISING UNIT/ AGENCY/ COLLABORATING AGENCY	YEAR OF THE ACTIVITY	NUMBER OF STUDENTS PARTICIPATED IN SUCH ACTIVITIES
1.	Visit To SnehSampada School Hudco, Bhilai	YOUTH RED CROSS SOCIETY	16/11/2016	45
2.	Awareness Programme regarding Drug Abuse in Thanaud village, Rally, First Aid demonstration by Red Cross Volunteers and NukkadNatak based on the theme "HIV AIDS & Drug Abuse"	YOUTH RED CROSS SOCIETY	30/11/2016	152
3.	WORLD AIDS DAY	YOUTH RED CROSS SOCIETY & RED RIBBON CLUB	01/12/2016	75
4.	Blood Donation Camp	YOUTH RED CROSS SOCIETY	02/12/2016	35





## 1.REPORT: VISIT TO SNEH SAMPADA ON 16<sup>TH</sup> NOVEMBER 2016

**Objective:** To promote disability awareness among the volunteers and sensitize them to empathize so as to discourage discrimination in society.

**Number of Participants:45**

**Report:**On 16th November 2016, 45 volunteers of youth Red Cross Society of Govt. VYT PG Autonomous college, under the mentorship of Dr. Tarlochan Kaur Sandhu visited *SnehSampada*. school located in Sector 8 Hudco, Bhilai, for community outreach program service. The motto of the Red Cross volunteers is to address that important part of our society which is yet to find a voice, that is the differently abled children of this institution. The children of this school were introduced to the volunteers of Youth Red Cross Society. The Professor-in-Charge Dr.Tarlochan Kaur gave the introduction about the Youth Red Cross Society and its objectives to the children of *SnehSampada*. The children of *SnehSampada* presented a wonderful dance in front of the volunteers of the college, after that the volunteers of Youth Red Cross *SnehSampada*. On Society distributed fruits, chocolates and handkerchief among the children of this occasion the senior volunteers were present- Ganesh Dewangan, SushilAsati, Shekhar, Jayshree, NishaDeshlahre, RiteshRangadale, Anil Dewangan and other volunteers of youth Red Cross Society contributed for this social cause. After spending most of the day together and having fun with the inmates of *SnehSampada* the volunteers of Youth Red Cross Society felt very much responsible towards this section of society and decided to provide help in possible ways.



Professor in Charge

Youth Red Cross



Principal



*Volunteers at SnehSampada School*



## 2. AWARENESS PROGRAMME IN *THANAUD* VILLAGE "HIV AIDS & DRUG ABUSE"

**Objective: To spread Social Awareness regarding HIV-AIDS and Drug Addiction among the villagers and school children.**

**Number of Participants:152**

**Report:On 30th November 2016**, Youth Red Cross Society and Govt. VYT PG Autonomous college, Durgorganised one day camp at village *Thanaud*that has been adopted by the college. The objective of the one-day camp was to spread social awareness regarding drug addiction among the villagers and school children of Government Higher secondary school. A large number of activities for organised by the Red Cross Volunteers and NSS students of the college the volunteers of Youth Red Cross Society and NSS organized a rally March against drug addiction to bring awareness against the drug addiction, after that the volunteers presented a special program for the school students of Higher secondary school. Youth Red cross volunteers SushilAsati, Dinesh Dewangan, Shekhar, Jayashree and other volunteers demonstrated first aid in front of students of the Higher Secondary School. There was a speech given by volunteers on cleanliness and a NukkadNatak was performed by the volunteers to show the condition of the drug addicted people. The camp was organized under the leadership of the principal Dr S.K. Rajput and the mentors Dr. Tarlochan Kaur Sandhu, Prof- in-charge of YRCS, Dr. MeenaMaan, and Dr Anil Pandey, Program officers of NSS.



Professor in Charge

Youth Red Cross



Principal



**First Aid Demonstration & Awareness Rally on Drug Abuse**



### 3. REPORT ON WORLD AIDS DAY 01/12/2016

**Objective: To Generate Awareness About the Spread and Prevention of HIV/AIDS**

**Number of Participants:75**

**Report: On 1<sup>st</sup> December 2016, WorldAIDSDay**, under the leadership and guidance of the principal Dr. S.K. Rajput, Govt.VYT PG Autonomous College, Durg, Youth Red Cross Society , NSS and NCC wings organized a rally to raise the awareness regarding HIV and AIDS under the mentorship of Dr. Anil Pandey, Dr.Tarlochan Kaur ,Dr. Sapna Sharma and Dr. MeenaMaan. The purpose was to create and generate awareness among the people regarding HIV and AIDS disease and its prevention. The rally began after the volunteers of YRC had tied red ribbons to the Principal Dr S.K. Rajput, NCC InchargeDr.O.P.Gupta Dr. S.R. Thakur and other professors. The rally was flagged off by Dr S. K. Rajput and from the campus of the college it progressed through Deepak Nagar to the main roads of Durg city The volunteers with their placards ,banners and posters with slogans continued their march and ended the rally by forming a human chain while reaching the Durg University and finally halted at the campus of science college, Durg. Senior volunteers Dinesh Dewangan ,SushilAsati, Rohit, Jaishree, Sanjeev and other volunteers participated in the rally.



Professor in Charge

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#### 4.REPORT ON BLOOD DONATION CAMP

**Objective: To sensitize the need of donating blood to the needy in time and motivate to help others and to instill the feeling of value of blood donation in the volunteers.**

**Number of Participants: 35**

**Report:On 2<sup>nd</sup> December 2016**, a blood donation camp was organised in the college campus under the leadership of principal, Govt. VYT PG Autonomous College, Durg, Dr S.K. Rajput, and mentorship of Dr. Tarlochan Kaur Sandhu and office bearers of Youth Red Cross Society, NSS in Collaboration with HDFC bank, ,Durg and Govt. Hospital ,Durg .It was a successful camp as more than **35 blood units** were collected from students and locals. The blood donors were given milk, tea and fruits after the blood donation. Volunteers of Youth Red Cross Society and others were also felicitated with the certificates and mementos for rendering their commendable services for social cause and community services on the Annual prize distribution Day .



Professor in Charge

Youth Red Cross



Principal



